





SABRINA HOGAN

COUNSELLOR & EDUCATOR

CONTACT

 204-229-1774

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 75 Evenwood Crescent
Winnipeg, MB, R3R 1S8

CERTIFICATIONS

CANADIAN CERTIFIED COUNSELLOR (C.C.C.)

Canadian Counselling &
Psychotherapy Association
Certified Since April 2023

MANITOBA EDUCATION & TRAINING

Professional Teaching
Certificate, K-12
Certified Since Spring 2016

SKILLS

- Counselling
- Classroom Delivery
- Conflict Resolution
- Leadership
- Verbal & Written
Communication
- Website Design

PROFESSIONAL PROFILE

- Canadian Certified Counsellor (C.C.C.) who has experience in school counselling, resource, and classroom teaching.
- Compassionate, sensitive, and empathic individual with staff and students.
- Ambitious with increasing knowledge of current best practices through professional development and networking.

QUALIFYING WORK EXPERIENCE

Prairie Rose School Division

School Counsellor - 1.0 FTE
September 2019 - Present

- School Counsellor whose worked between multiple schools including St. François Xavier (K-6), St. Laurent (K-12) and Carman Collegiate (7-12).
- Regularly performed social-emotional classroom lessons & activities for all grades following Kids in the Know, Strong Start, Zones of Regulation, Roots of Empathy, Second Step, and Project 11.
- Provided individual and small group counselling to students on caseload.

School Counsellor - 0.5 FTE & Resource Teacher 0.5 FTE
September 2018 - June 2019

- Provided classroom, group and individual counselling to students.
- Completed IEP/BIP/ITP forms in resource role from K-12.
- Collaborated frequently with ISST members to plan for students following the RTI model of intervention.
- Developed student and classroom profiles
- Assisted teachers with tier 3 students who needed extensive one-on-one support on an academic and behavioural basis.

ADDITIONAL CERTIFICATIONS

WEVAS

Completed | Certified | Fall 2019

ASIST

Completed | Certified | Fall 2019

ROOTS OF EMPATHY

Completed 3-Day Training | Fall 2019

FIRST AID CPR-LEVEL C

Completed | Certified | Fall 2018

NON-VIOLENT CRISIS INTERVENTION

Completed | Certified | Summer 2018

RESPECT IN SCHOOL

Completed | Certified | Spring 2018

(Renewed Fall, 2022)

RESPECT IN SPORT

Completed | Certified | Spring 2018

(Renewed Fall, 2022)

VOLUNTEER EXPERIENCE

KLINIC

Crisis Counsellor (Phone)

March 2017-July 2018

80 volunteering hours accumulated

ST. JOHN'S RAVENSCOURT

U12 Girls' Head Soccer Coach

Spring 2018

AWARDS

GENERAL SCHOLARSHIPS EDUCATION

2015 & 2016

SANDERSON MEMORIAL BURSARY

2015 & 2016

Holy Cross School

Grade 3 Teacher - 1.0 FTE

September 2016 - June 2018

- Grade 3 classroom teacher who adhered to the general and specific learning outcomes in core courses following the Manitoba Curriculum.
- Dance choreographer for the annual Winter concert & Spirit Week.
- Enhanced student engagement with the use of technology including the SMART board and voice amplifier.
- Assisted in coaching for boys' volleyball.
- Performed classroom PM benchmark reading assessments two times annually to grade 3 students.

EDUCATION

Master of Education - University of Manitoba

M.Ed. / Master of Education (Counselling Psychology)

Thesis Route

Graduated February 2022

GPA: 4.10

Bachelor of Education - University of Manitoba

B.Ed. / Bachelor of Education (Specialized in Early Years Stream)

Graduated May 2016

GPA: 4.05

Bachelor of Arts - University of Manitoba

B.A. / Bachelor of Arts (Advanced 4 year degree)

Major: Psychology, Minor: Geography

Graduated May 2013

PRACTICUM EXPERIENCE

Lord Selkirk Regional Comprehensive Secondary School

High School Guidance Counsellor

Supervisor: Esther Van de Walle

September 2020 - June 2021

Linden Christian School

Grade 1 Teacher

Teacher Supervisor: Carroll Hall

September 2015 - April 2016

Whyte Ridge Elementary

Grade 3 Teacher

September 2014 - April 2015

ONLINE TEACHING PORTFOLIO



www.sabrinahoganteachingportfolio.com

username: admin

password: teacher1234

MASTER'S THESIS



Teaching in an inclusive classroom with exceptional students: the influence on rural
Manitoba teachers' stress and self-efficacy

<https://mspace.lib.umanitoba.ca/items/c7a53efa-0afa-4d18-9d5c-7729cfd73a21>

REFERENCES

Louise Duncan

Former Director of Student Services
Prairie Rose School Division
(204) 745-2003

Marc Tellier

Principal
St. François Xavier School
(204) 864-2868
mtellier@prsdmb.ca

David Halldorson

Former Principal
St. Laurent School
(204) 383-0411

Virginia Tze

Professor and Thesis Supervisor
University of Manitoba
(204) 474-7085
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Esther Van De Walle

School Counselling Supervisor
Lord Selkirk Regional Comprehensive Secondary School
(204) 294-9734
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